



kapa news

November 2014

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*KAPA is an affiliate of the
Tennessee Psychological Association
www.knoxvilleareapsychology.org*

From the KAPA President

Dr. Michael Hawthorne

Please be watching for your renewal letter for KAPA membership coming in early December. It will help us conserve time and energy if you will care for this quickly. As in the past, you will have the option of paying by mailing a check to our PO Box or you may pay via PayPal for a small surcharge. The KAPA Board is already planning the slate of educational events for 2015 and we want you to continue to join us.

Feature Article

Critical Thinking and Diagnosis: Application to the Alternative Model for Personality Disorders

Dr. Mark Waugh

What is the “Alternative” Model for Personality Disorders? “Alternative” does not refer to underground bands like the Sex Pistols. Nor does it refer to “Complementary & Alternative Medicine” techniques that to some may seem a bit “New Age”-like. It is not unlikely that the term Personality Disorder (PD), however, may have relevance to some members of alternative, underground music groups.

The Alternative Model for Personality Disorders represents a new scheme for diagnosing PDs. It is contained in “Section III” of the DSM-5 as an “emerging measure and model.” This model represents a

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compromise between traditional and new current in psychiatry and psychology.

Nate Silver is the author of the popular “FiveThirtyEight” internet blog focused on statistical analysis in predicting current political issues. He recently rolled out a new website logo, a red fox, and invokes the phrase “The Hedgehog and the Fox,” which refers to a 2,600 year old saying and a famous essay written by philosopher Isaiah Berlin. The saying is: “The fox knows many things, but the hedgehog knows one big thing.” This refers to the difference between thinking from multiple, smaller perspectives (the fox) versus being guided by an overarching, single vision (the hedgehog). Nate Silver characterizes his “data journalism” as Fox-like.

What does this have to do with diagnosis? A lot, actually. The Fox versus the Hedgehog distinction has been applied in many fields of scholarship: literature, philosophy, political science, business models, and psychiatric classification.

The history and social-political forces operating in psychiatric classification will be briefly reviewed. The Hedgehog-Fox dichotomy is seen in the evolution of DSMs. In classification this is referred to the “lumper” (hedgehog) or “splitter” (fox) perspective. The early DSMs are examples of “lumping.” Starting with the DSM-III, the “splitters” achieved ascendancy. This distinction equally applies to the subject of PD and to the new Alternative Model of PD.

The Alternative Model for PD is a hybrid categorical-dimensional approach. One might say it tries to be both “hedgehog” and “fox” at once. Categorical refers to retention of terms such as Paranoid, Schizoid, Borderline, Avoidant. Dimensional refers to the use of trait ratings based on the dominant model in personality research, the Five Factor Model (5 major personality traits), combined with rating of level of personality dysfunction (incorporating psychodynamic and social-cognitive concepts).

There is no published methodology for rating PDs in the Alternative Model. The author has developed a clinician-friendly rating scheme for this which is demonstrated in case examples and made available to interested parties. The Alternative Model of PD represents a novel approach that incorporates advantages of natural clinical conceptualization with psychometric checks and balances.

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KAPA Program

Monday, December 8th, 2014

Location: Pinnacle Bank Learning Center, South Tower, 1st floor (see directions below)

6:00 pm Arrive—doors open

6:30 pm: Introductions

6:40—7:40 p.m. KAPA Program

Clinical Thinking and Diagnosis: Application to the Alternative

Model for Personality Disorders

Presented by: Mark H. Waugh, Ph.D. , ABPP

Diplomate, American Board of Professional Psychology

Certified, American Academy of Pain Management

APA Certificate of Proficiency, Alcohol and Psychoactive Substance Abuse

Dr. Waugh practices in Oak Ridge, TN. He has an abiding interest in psychological assessment and psychodiagnostic systems. He is a Fellow of the Society for Personality Assessment. He was educated at the University of North Carolina, University of Florida, interned at the University of Texas Health Sciences Center in Dallas, and held a post-doctoral fellowship at Yale University School of Medicine. Otherwise, his heart is with his small horse farm he enjoys with his wife, Lorrie Beevers, Ph.D. .

Learning Objectives:

1. Participants will be able to describe significant themes in the development of psychiatric classification systems.
 2. Participants will be able to list the two major elements of the Alternative Model for Personality Disorders and describe their conceptual origins.
 3. Participants will be able to demonstrate clinical reasoning with this model to a case example.
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Target Audience:

The content of this presentation is appropriate for mental health professionals educated at the graduate level in psychology, psychiatry or other mental health related discipline as well as graduate students in a mental health related discipline.

Instructional Level: Intermediate

Continuing Education and Fees:

This program is appropriate for psychologists and other mental health professionals and **1 hour of Continuing Education** will be available for attendees. Current KAPA members can attend for no charge. If you are not a member of KAPA and you do not want CE credit, this program is free of charge. KAPA is approved by the American Psychological Association to provide continuing education to psychologists and maintains responsibility for this program. KAPA has designated up to 1.0 CE credits for attendees of the event. No CE credits will be awarded for partial attendance for any session. If there are any further questions about this program please do not hesitate to contact KAPA President Michael Hawthorne at 865-384-1166 or KAPA CE Coordinator Dan Williams at 865-525-1099 x24.

Additional information can be found at the KAPA website: <http://www.knoxvilleareapsychology.org>

Directions and Parking Information for the Pinnacle Bank Learning Center at the Landmark Center:

The Landmark Center is located at 1111 N. Northshore Drive. It is near the corner of Papermill Drive and Northshore Drive, between the BP and the new Aubrey's. The eight story South Tower says Pinnacle on top. The Learning Center is on the first floor of the South Tower, to the right of the elevators. Parking is ample and free.

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Welcome to the following psychologists who have joined KAPA recently. You may find them listed in the Membership Directory on the KAPA web site at www.knoxvilleareapsychology.org

Mark Barnes

Carol Ann Coyle

Irina Diyankova

Brenda Karns

Laurie Williams

KAPA Classifieds

Office Space available in the Bearden area for a private practitioner in a comfortable, handicap accessible setting along the bus route. Some opportunity for therapy and testing referrals. If interested, please call Abraham Brietstein, Ph.D. at [865-584-6111](tel:865-584-6111).

My colleague and I are looking for another practitioner interested in sharing office space. This is not an invite to join a practice, as we are individual practitioners in private practice; rather, we have another office available and therefore have options for full or part time practitioners to join us in our work space. If you are interested in further details, please contact me, Carrie Booher, at csbphd@hotmail.com or by calling 865-394-6860.

Please remember to pay your annual dues!

Please remember to renew your membership. You may pay dues online (www.knoxvilleareapsychology.org) via PayPal or mail check to KAPA, P.O. Box 52293, Knoxville, TN 37950. As a member, you will be eligible to attend our meetings and receive continuing education credits at no additional charge. (Full member \$40; Student Affiliate \$20; Retired Member \$20). If you have any questions, please contact the KAPA Treasurer at bltphd@comcast.net.



Visit the KAPA Website!

Please visit the KAPA website at www.knoxvilleareapsychology.org to view upcoming continuing education events in the area. Links to the American Psychological Association and the Tennessee Psychological Association are available on the homepage. Previous editions of the newsletters can be accessed on the homepage as well.



KAPA BOARD CONTACT INFORMATION

Mike Hawthorne, President	584-0171	mhawthorne@northshoregroup.com
Katie Rae Smith, President Elect	719-9385	kerea@aol.com
Malcolm Spica, Past President	531-9088	mspica@bellsouth.net
Katie Fitzpatrick, Secretary	264-2400	kfitzpatrick@bmipc.com
Barbara Taylor, Treasurer		bltphd@comcast.net
Daniel Williams, CE Director	(781) 929-5907	dan@drdanwilliamspcyd.com
Sandra Chambers, Admin. Assistant	974-9344	chambers@utk.edu

