

Knoxville Area Psychological
Association
NEWSLETTER



May 2016

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From The KAPA President

[Dr. Katie Rea Smith](#)

As we approach the time of KAPA's annual membership meeting on June 7th, and my term of President comes to a close, I would like to thank our outgoing board members and welcome our new members. First, Mike Hawthorne will be rotating off the board after four consecutive years. Mike stepped up to the plate to serve a second consecutive year as President when the need arose. KAPA has benefitted tremendously from his steady leadership, and I benefitted from his wise counsel and support during my term as President. Additionally, we have Mike to thank for making possible our use of the awesome Pinnacle Bank Learning Center for our CE meetings. Mike, thank you for your excellent service. You will be missed.

KAPA Secretary Katie Fitzpatrick is completing a two-year term on the board. During her tenure, Katie has efficiently maintained the member database and has compiled and sent all the regular messages to members, including CE announcements and newsletters. She has streamlined the process of database management and electronic communications to such an extent that KAPA was able to eliminate the need to pay an administrative assistant to handle these tasks. She has been a thoughtful and active participant in board meetings. Katie, thank you for your excellent service and know that you will be missed.

The KAPA CE Coordinator, Dan Williams, has done a great job during his tenure. He spearheaded the task of making the application to APA for renewal of KAPA's authorization to offer APA-approved CE credits for presentations KAPA sponsors. The authorization is good for five years, so many thanks to Dan for his work on this project. Dan has offered to remain involved in the board for another year to assist the new CE Coordinator with learning the tasks associated with this very important office. Dan, we are glad we don't have to say goodbye to you quite yet.

Carrie Booher is KAPA's new President-Elect. For those of you who have not had the pleasure of meeting her, Carrie is a graduate of UT's School Psychology program. She completed a pre-doctoral internship in Houston, Texas at a school system in which the emphasis was on counseling as opposed to psychoeducational assessment. She maintains a private practice in which she treats clients age 13 and older and she has a special interest in treating trauma survivors and combat veterans with prolonged exposure therapy. We are excited about having Carrie join the board and welcome the intelligence and enthusiasm she will bring to the role.

KAPA's new CE Coordinator is Phil Axtell. Phil is also a graduate of UT's School Psychology program. He has experience in both school and clinical settings and maintains a private practice in which he conducts psychological assessments of children and adults. He is also a Certified Forensic Examiner, conducting court-ordered mental evaluations of defendants for Knox County courts. Phil brings a strong work ethic, excellent attention to detail and a highly congenial demeanor to his new role, and we are grateful for his willingness to serve on the board.

Finally, KAPA's new Secretary is Chad Hunter. Chad, a Knoxville native, is an early career professional. He earned a doctorate from the Chicago School of Professional Psychology and dove head first into the field as a psychologist with Cherokee Health Systems. Relatively recently, Chad made the transition into private practice in which he treats adults, adolescents, and families. He also provides behavioral health services in a primary care setting. Chad's enthusiasm to contribute to the professional community, his capacity to be flexible and his healthy sense of humor make him a wonderful addition to the board.

I would like to extend special thanks to KAPA Treasurer Barbara Taylor who is in her final year of a three-year term in this office. When I had to cut short my term as Treasurer to assume the President-Elect role, Barbara agreed to serve an extra year as Treasurer. Her willingness to do so has contributed significantly to the board's stability. Barbara has been an excellent Treasurer and a very active board member, offering consistent sage guidance during board meetings.

I am grateful to have had the chance to serve as your President. Through this role, I have met colleagues, made some new friends, and have especially enjoyed the relationships with the board members. The experience has been a positive one. I will now pass the baton to Nancy Lett,

KAPA's new President. I have really enjoyed getting to know Nancy-she will make an excellent President. I feel happy knowing that the board is in such capable hands!

In a few weeks, on June 7th, KAPA will offer a 1 hour CE presentation by University of Tennessee Psychology Professor Dr. Gina Owens. Dr. Owens will present findings from her research with veterans related to combat exposure and the post-combat meaning-making process in which veterans engage as a way to come to terms with their trauma. As with all CE events sponsored solely by KAPA, the event is free for paid members (if you have not yet renewed your membership for 2016, you may do so through the website via PayPal or at the meeting). Dinner will be served, so remember to RSVP.

Thank you for your support of KAPA, and we look forward to seeing you on June 7th!

KAPA Program Announcement

Tuesday, June 7, 2016

Combat Exposure, Mental Health, and Meaning-making among Military Veterans

Time: 6:00pm to 8:00pm

Location: Pinnacle Bank Learning Center located at the Landmark Center

1111 N. Northshore Drive

*****Please contact Katie Smith, KAPA president to RSVP for this CE event by sending an e-mail to kerea@aol.com for an accurate head count for food and materials.**

Schedule:

6:00pm Registration/Check---in/Dinner*(Indicates CE not available for this portion)

6:30pm Program Begins

7:30pm Complete Evaluations and Adjourn

Educational Objectives:

After attending this intermediate-level seminar in full, participants will be able to:

1. Participants will be able to define the construct of meaning-making.
2. Participants will be able to describe the potential effects of meaning in life on PTSD.

3. Participants will be able to discuss whether the effects of comorbid hazardous substance use and PTSD on relationship conflict, depression, and attachment are more severe than the effects of PTSD alone or hazardous substance use alone.

Description of Program:

The recent wars in Iraq and Afghanistan have produced a large number of veterans who have been exposed to a variety of combat stressors. The potential effects of combat exposure on mental health have been established, such as posttraumatic stress disorder (PTSD), depression, and substance abuse. After traumatic events such as combat, individuals often engage in meaning-making to process what has happened and find purpose in life. Dr. Owens is an Associate Professor in the Department of Psychology at the University of Tennessee and has conducted research with veterans for the past 13 years. In this program, Dr. Owens will present findings from recent research with veteran samples. This work has focused on meaning-making and outcomes such as PTSD, as well as the potential impact of comorbid hazardous substance use on relationship conflict, depression, and attachment.

Presenter:

Gina Owens, Ph.D. is an Associate Professor in the Department of Psychology at the University of Tennessee and serves as the Associate Director of Training in the Counseling Psychology program. Her research focuses on the meaning-making process for military veterans after combat exposure and its relationships with outcomes such as posttraumatic stress disorder (PTSD), depression, and posttraumatic growth. Recent research with veterans has explored the relationships between guilt, meaning in life, and PTSD severity; mental health needs and barriers to mental health access for female veterans of Iraq and Afghanistan; and differences in relationship conflict, attachment, and depression for veterans with PTSD, hazardous substance use, or both.

Target Audience:

This program is open to all KAPA members and other interested mental health professionals who may not be members. The content of this presentation is appropriate for mental health professionals educated at the graduate level in psychology, psychiatry or other mental health related discipline as well as graduate students in a mental health related discipline.

Instructional Level:

The material will be appropriate to intermediate levels of practice and knowledge.

Registration Fees and Policies:

If you are a member of KAPA then the program is free of charge.

If you are not a member of KAPA and you do not want CE credit, this program is free of charge.

Non-members wanting CE credit will be charged \$20

Facility is accessible to persons who are physically challenged. Reasonable accommodations will be made for persons requesting them.

American Psychological Association Approval Statement:

The Knoxville Area Psychological Association (KAPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. KAPA maintains responsibility for this program and its content.

Continuing Education:

This program, when attended in its entirety, is available for **1.0** continuing education credits. With full attendance and completion of a program Evaluation and Learning Assessment, a certificate will be issued. KAPA is committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. KAPA is committed to accessibility and non-discrimination in continuing education activities. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them.

Please address requests, questions, concerns and any complaints to Katie Rea Smith, KAPA President at kerea@aol.com; 865-719-9385 or Dan Williams, KAPA CE Coordinator at dan@drdanwilliamspsyd.com; 865-525-1099 x24.

There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, program content, research, grants or other funding sources that could reasonably be construed as conflicts of interest. During the program, the validity/utility of the content and risks/limitations of the approaches discussed will be addressed.

Directions and Parking Information:

The Pinnacle Bank Learning Center at the Landmark Center:

The Landmark Center is located at 1111 N. Northshore Drive. It is near the corner of Papermill Drive and Northshore Drive, between the Exxon gas station and the new Aubrey's. The eight story South Tower says Pinnacle on top. The Learning Center is on the first floor of the South Tower, to the right of the elevators. Parking is ample and free.

Questions? Contact KAPA President, Katie Rea Smith at 865-719-9385 or kerea@aol.com.

KAPA Classifieds

Classified space is available at no cost to KAPA members! Email Dr. Katie Fitzpatrick at kfitzpatrick@bmipc.com with proposed ads or for more information.

Opportunities for Licensed Psychologists

Deer Oaks – A Behavioral Health Organization is a multi-site psychological practice, based in San Antonio, Texas, with service locations throughout the U.S providing on-site geropsychology services in nursing facilities since 1992. Deer Oaks is hiring licensed psychologists in to provide comprehensive psychological evaluations and/or individual psychotherapy, family therapy, group therapy, and behavioral management support to residents in long-term care facilities in the Greater Knoxville area.

OFFERING THE FOLLOWING BENEFITS

- Full Time Salary with unique point based system
- Part-time per billable compensation
- Subcontractor Positions
- Relocation allowance
- **Sign on bonus
- Medical, dental and vision insurance
- PTO (Paid Time Off)
- Paid Holidays
- Paid Trainings/CEUs

Deer Oaks also has positions available in 22 additional states that you can view on our website at www.deeroaks.com.

Kevin McKinley, Recruiting Manager

Deer Oaks- a behavioral health organization

(210) 569-8161 (210) 954-2697 cell

kmckinley@deeroaks.com

www.deeroaks.com

Our Mission Statement: To provide comprehensive individualized therapeutic psychological and psychosocial treatment to individuals in nursing facilities, retirement and assisted living communities with the intention of improving their quality of life.

Opportunity for a Psychologist, LCSW, or NPC therapist

Office for rent at a very active therapy practice, with multiple referrals and referral source opportunities.

The office is one of four in the practice; facility has a full kitchen, multiple seat waiting room, two ADA bathrooms, and billing staff on site. Located in Powell, TN, this therapy practice has been active at its present location for 9 years, and 20 years overall.

For more information or interest, call 865-947-9113.

Integrative Medicine Specialists (IMS) is seeking Integrated Behavioral Health Practitioners to treat a varied patient population in a primary care setting (in partnership with Summit Medical Group). The ideal candidate has competence providing brief, evidence-based treatment and is skilled with assessment and consultation. You will be working in a collaborative and innovative Medical Practice with a strong commitment to quality and patient centered care. We provide integrated care with an emphasis on improved mental health and behavior change as crucial to managing chronic illness. This innovative approach to health care ensures the best quality in the treatment of mental health disorders and the management of medical conditions.

- Initially Part-Time (2 days per week) in a primary care practice, with opportunity to expand to full time
- Positions coming open throughout East Tennessee
- Competitive compensation (based on productivity)
- Health insurance available, paid for by employer

Responsibilities include:

- Conducting clinical evaluations and delivering brief interventions in a primary care setting
- Collaborating with primary care providers and other medical staff
- Facilitating health behavior change
- Providing education on behavioral issues to patients, staff, and providers
- Making appropriate referrals to community resources

Requirements:

- Doctoral or Masters degree in a Behavioral Health discipline. Current TN license or eligible
- Competence in evidence-based treatments
- Familiarity with models of Integrated Behavioral care, Motivational Interviewing, Health Coaching and management of chronic illnesses
- Must be comfortable practicing in a fast paced primary care environment
- Must be comfortable working as part of a multi-disciplinary medical team

IMS is a lifestyle driven practice and has a strong value around creating balance between life and work. IMS was formed in 2014 by Drs. Susan Strickler and Keith Hulse.

Please Contact: [Keith Hulse, Ph.D.](#), Partner/CAO, Integrative Medicine Specialists, 305 Westfield Dr., Knoxville, TN 37919. ckhulse@gmail.com

Reminder

Professional Privilege Tax

Due June 1

The \$400 annual tax is imposed on certain professionals who hold an active Tennessee license or registration on the June 1 due date, regardless of whether the person practices his or her profession in Tennessee.

State law requires the tax to be paid online. File and pay your professional privilege tax at <https://apps.tn.gov/privtx/>.

Board Contact Information

Katie Rea Smith, President 719-9385 kerea@aol.com

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Mike Hawthorne, Past President 584-0171 mhawthorne@northshoregroup.com

Katie Fitzpatrick, Secretary 264-2400 kfitzpatrick@bmipc.com

Barbara Taylor, Treasurer bltphd@comcast.net

Daniel Williams, CE Director (781) 929-5907 dan@drdanwilliamspsyd.com