

# Knoxville Area Psychological Association

## NEWSLETTER



**January 2016**

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### ***From The KAPA President***

[Dr. Katie Rea Smith](#)

From the President

I hope that 2016 is starting well for each of you. Thank you to those who attended the KAPA Cultural Diversity CE meeting in December. If you missed the meeting, Dr. Erin Patel, Past-President of TPA, delivered an excellent presentation on Geropsychology to a packed house. For me, the topic was clinically relevant, but also personally relevant, given aging parents and in-laws. Judging from the lively audience participation--Dr. Patel fielded many questions and comments—the topic was a meaningful one for many in attendance.

In a few weeks, on February 9<sup>th</sup>, KAPA will offer a 1.5 hour CE presentation via Skype on Ethics by Dr. Pam Auble of Nashville (please refer to the program announcement in this newsletter for details). Dr. Auble is a highly-regarded forensic neuropsychologist and recently completed a term on the Tennessee Board of Examiners of Psychology. Given her service on the Board, she is intimately acquainted with updates to the Tennessee code pertinent to the practice of Psychology. Among other topics, she has promised to share details about “scope of practice”

and telepsychology. This will be Dr. Auble's second Ethics presentation to KAPA via Skype. KAPA is most fortunate to hold our meetings at the Pinnacle Learning Center, which is elegantly equipped with state-of-the-art technology for these kinds of distance-learning events. As with all CE events sponsored solely by KAPA, the event is free for paid members (if you have not yet renewed your membership for 2016, you may do so through the website via PayPal or at the meeting). There will be pizza, so remember to RSVP. We hope you will attend.

Members are invited to submit ads and announcements to be considered for inclusion in the quarterly KAPA newsletter (you will notice a few ads in this edition). If you have an ad or announcement, please inquire to me ([kerea@aol.com](mailto:kerea@aol.com)) or KAPA Secretary Dr. Katie Fitzpatrick ([kfitzpatrick@bmipc.com](mailto:kfitzpatrick@bmipc.com)). The next newsletter will be distributed sometime in May. Along similar lines, if you are aware of a program or training that is offered by another group which may be of interest to KAPA members, please bring it to a board member's attention, as we may be able to forward the announcement to KAPA members. For example, in recent months the board has been asked by Appalachian Psychoanalytic Society to distribute announcements about their CE events, and we have been pleased to do so.

Thank you for your support of KAPA, and we look forward to seeing you on  
February 9<sup>th</sup>!

## Feature Article

### ***"An Update on Tennessee Law for Psychologists and Psychological Examiners"***

[Dr. Pam Auble](#)

Psychology is a complicated field. We all know that. Every day, we deal with the complexities of human interaction, a domain in which there is often no clear right answer. Our ethical decision making and professional conduct are guided by our knowledge of our field integrated with the APA Code of Ethics, federal and state laws, the Tennessee Code Annotated Title 63, Chapter 11, and the Rules and Regulations of the Board of Examiners in Psychology. There have been a number of changes in the laws and rules pertaining to psychologists and psychological examiners in 2014 and 2015. Our scope of practice has been expanded in the Tennessee statute to include several new areas, including telepsychology. We now have a sub-board of behavior analysts under the Psychology Board. There have been changes in the rules pertaining to continuing education, and psychologists and psychological examiners must follow these rules in 2016 in order to maintain their license. Come and hear about all of these changes in the upcoming KAPA meeting.

# KAPA Program Announcement

Tuesday February 9, 2016

## Update on Tennessee Law for Psychologists and Psychological Examiners

Time: 6:00pm to 8:00pm

Location: Pinnacle Bank Learning Center located at the  
Landmark Center  
1111 N. Northshore Drive

### Schedule:

6:00pm Registration/Check-in/**Dinner** \*(Indicates CE not available for this portion)

6:30pm Program Begins

8:00pm Complete Evaluations and Adjourn

**\*\*\*This program has been designed to meet the ethics requirements that have been set forth by the TN State Board of Psychology\*\*\***

### Educational Objectives:

After attending this intermediate-level seminar in full, participants will be able to:

- A. Participants will apply changes in continuing education rules and regulations so that they can comply with the new requirements.
- B. Participants will be able to describe the recent expansion of psychologist scope of practice to apply their skills in an appropriate and ethical manner.
- C. Participants will negotiate the regulatory information regarding telepsychology for ethical practice in this area.
- D. A discussion of the new Board of Behavior Analysts which is under the Board of Examiners will help participants work with practitioners in this new field and grasp the similarities and differences between behavior analysts and psychologists/psychological examiners.

**Description of Program:**

Psychologists' ethical decision making and professional conduct are informed and guided by several important sources, including federal and state laws, the Tennessee Code Annotated Title 63, Chapter 11, the Rules and Regulations of the Board of Examiners in Psychology, and the APA Code of Ethics. There have been a number of changes in 2014 and 2015 in Tennessee laws and regulations, which will be discussed in this presentation. Special focus will include information on new laws pertaining to telepsychology, scope of practice, behavioral analysts, and rules pertaining to continuing education.

**Presenter:**

Pamela Auble, Ph.D. was a practicing psychologist representative on the Board of Examiners in Psychology from 2009 until 2015. She is a clinical neuropsychologist with a private practice in forensic assessments in Nashville, Tennessee.

**Target Audience:**

This program is open to all KAPA members and other interested mental health professionals who may not be members. The content of this presentation is appropriate for mental health professionals educated at the graduate level in psychology, psychiatry or other mental health related discipline as well as graduate students in a mental health related discipline.

**Instructional Level:**

The material will be appropriate to intermediate levels of practice and knowledge.

**Registration Fees and Policies:**

If you are a member of KAPA then the program is free of charge.

If you are not a member of KAPA and you do not want CE credit, this program is free of charge.

Non-members wanting CE credit will be charged \$20

\*\*\*Please contact Katie Smith, KAPA president to RSVP for this CE event by sending an e-mail to [kerea@aol.com](mailto:kerea@aol.com) for an accurate head count for food and materials.

Facility is accessible to persons who are physically challenged. Reasonable accommodations will be made for persons requesting them.

**American Psychological Association Approval Statement:**

The Knoxville Area Psychological Association (KAPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. KAPA maintains responsibility for this program and its content.

**Continuing Education:**

This program, when attended in its entirety, is available for 1.5 continuing education credits.

With full attendance and completion of a program Evaluation and Learning Assessment, a certificate will be issued. KAPA is committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. KAPA is committed to accessibility and non-discrimination in continuing education activities. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If program content becomes stressful, participants are encouraged to process these feelings during discussion periods. If participants have special needs, we will attempt to accommodate them.

Please address requests, questions, concerns and any complaints to Katie Rea Smith, KAPA President at [kerea@aol.com](mailto:kerea@aol.com); 865-719-9385 or Dan Williams, KAPA CE Coordinator at [dan@drdanwilliamspsyd.com](mailto:dan@drdanwilliamspsyd.com); 865-525-1099 x24.

There is no commercial support for this program nor are there any relationships between the CE Sponsor, presenting organization, program content, research, grants or other funding sources that could reasonably be construed as conflicts of interest. During the program, the validity/utility of the content and risks/limitations of the approaches discussed will be addressed.

### **Directions and Parking Information:**

#### **The Pinnacle Bank Learning Center at the Landmark Center:**

The Landmark Center is located at 1111 N. Northshore Drive. It is near the corner of Papermill Drive and Northshore Drive, between the Exxon gas station and the new Aubrey's. The eight story South Tower says Pinnacle on top. The Learning Center is on the first floor of the South Tower, to the right of the elevators. Parking is ample and free.

Questions? Contact KAPA President, Katie Rea Smith at 865-719-9385 or [kerea@aol.com](mailto:kerea@aol.com).

## **Please remember to pay your annual dues!**

Please remember to renew your membership. You may pay dues online ([www.knoxvilleareapsychology.org](http://www.knoxvilleareapsychology.org)) via PayPal or mail check to KAPA, P.O. Box 52293, Knoxville, TN 37950. As a member, you will be eligible to attend our meetings and receive continuing education credits at no additional charge. (Full member \$40; Student Affiliate \$20; Retired Member \$20). If you have any questions, please contact the KAPA Treasurer at [bltphd@comcast.net](mailto:bltphd@comcast.net).

## **Visit the KAPA Website!**

Please visit the KAPA website at [www.knoxvilleareapsychology.org](http://www.knoxvilleareapsychology.org) to view upcoming continuing education events in the area. Links to the American Psychological Association and

the Tennessee Psychological Association are available on the homepage. Previous editions of the newsletters can be accessed on the homepage.

## KAPA Classifieds

*Classified space is available at no cost to KAPA members! Email Dr. Katie Fitzpatrick at [kfitzpatrick@bmipc.com](mailto:kfitzpatrick@bmipc.com) with proposed ads or for more information.*

**Integrative Medicine Specialists (IMS)** is seeking Integrated Behavioral Health Practitioners to treat a varied patient population in a primary care setting (in partnership with Summit Medical Group). The ideal candidate has competence providing brief, evidence-based treatment and is skilled with assessment and consultation. You will be working in a collaborative and innovative Medical Practice with a strong commitment to quality and patient centered care. We provide integrated care with an emphasis on improved mental health and behavior change as crucial to managing chronic illness. This innovative approach to health care ensures the best quality in the treatment of mental health disorders and the management of medical conditions.

- Initially Part-Time (2 days per week) in a primary care practice, with opportunity to expand to full time
- Positions coming open throughout East Tennessee
- Competitive compensation (based on productivity)
- Health insurance available, paid for by employer

### **Responsibilities include:**

- Conducting clinical evaluations and delivering brief interventions in a primary care setting
- Collaborating with primary care providers and other medical staff
- Facilitating health behavior change
- Providing education on behavioral issues to patients, staff, and providers
- Making appropriate referrals to community resources

### **Requirements:**

- Doctoral or Masters degree in a Behavioral Health discipline. Current TN license or eligible
- Competence in evidence-based treatments
- Familiarity with models of Integrated Behavioral care, Motivational Interviewing, Health Coaching and management of chronic illnesses
- Must be comfortable practicing in a fast paced primary care environment
- Must be comfortable working as part of a multi-disciplinary medical team

IMS is a lifestyle driven practice and has a strong value around creating balance between life and work. IMS was formed in 2014 by Drs. Susan Strickler and Keith Hulse.

Please Contact: [Keith Hulse, Ph.D.](#), Partner/CAO, Integrative Medicine Specialists, 305 Westfield Dr., Knoxville, TN 37919. [ckhulse@gmail.com](mailto:ckhulse@gmail.com)



**Title: Program Associate**

**Reports to: Program Director**

Cancer Support Community is seeking an energetic and compassionate LCSW, LMFT, LPC, or Ph.D. to join our team. The ideal candidate will have interest and experience in expanding programmatic activities at our Knoxville office and at off-site locations.

Cancer Support Community is a twenty-five year old, stable nonprofit located at Cherokee Mills in Knoxville, Tennessee. Led by licensed professionals, Cancer Support Community provides services to people impacted by cancer including support groups, educational workshops, healthy lifestyle programs, art and social activities. All programs are complementary to conventional medical treatment and are offered free of charge.

### *Specific Duties and Responsibilities*

#### Clinical Delivery

- Facilitate up to two weekly support groups and one monthly networking group, including pre-group interviews
- Provide crisis individual/family sessions as needed
- Provide telephone support/walk-in support to people with cancer and their family members

#### Off-site Program Outreach & Delivery

- Develop and implement programs in partnership with local healthcare systems for those impacted by cancer
- Maintain and enhance community partnerships, providing ongoing awareness of Cancer Support Community services

#### Program Delivery

- Independently manage and administer monthly programs
- Facilitate 1-2 psycho-educational series per year (generally 4-10 week programs, involve program development and support group facilitation)

#### *Hours & benefits*

**20- 32 hours per week.** CSC offers a flexible schedule and requires 2 nights per week and occasional weekends. Fun and friendly work environment with generous vacation and negotiable benefits.

#### *Qualifications*

1. Current Tennessee license or license eligible
2. Excellent written and oral communications skills
3. Excellent problem solving and organizational skills

The Cancer Support Community ensures that **NO ONE FACES CANCER ALONE.** For more information contact Debra Sullivan, Ph.D., [DSullivan@CancerSupportET.org](mailto:DSullivan@CancerSupportET.org) or (865) 546-4661

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I am interested in selling what I take to be an available half-time practice involving assessments, consultation and treatment in community settings in my local area. I have decades of connections and good will that will provide for opportunity both within and outside an office setting. Interested persons may contact me at "[Davemender@aol.com](mailto:Davemender@aol.com)" or by calling [865-984-7567](tel:865-984-7567). Thank you.

**David J. Bender, Ph.D.**

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**Axiom Associates**, a group of independent mental health practitioners announces availability of office space in the Keller Building conveniently located on Summit Hill Drive, a half block from the Knoxville Visitor's Center and adjacent to the Old City. Axiom Associates strives to develop and promote effective ways of delivering mental health services to people of all ages, socio-economic and cultural backgrounds. Some advantages include: central location with proximity to under-served areas of town, a weekly clinical support meeting, the charm and character of an historical building, association with an active practice group, flexible initial overhead costs, and complete office services, including billing and secretarial services. For further information, please call **Pam Jones** at **525-1099** ext. **14** or **Dan Williams** at ext. **24**.

## Board Contact Information

**Katie Rea Smith, President 719-9385 [kerea@aol.com](mailto:kerea@aol.com)**

**Nancy Lett, President-Elect 964-1944 [njlett@chartertn.net](mailto:njlett@chartertn.net)**

**Mike Hawthorne, Past President 584-0171 [mhawthorne@northshoregroup.com](mailto:mhawthorne@northshoregroup.com)**

**Katie Fitzpatrick, Secretary 264-2400 [kfitzpatrick@bmipc.com](mailto:kfitzpatrick@bmipc.com)**

**Barbara Taylor, Treasurer [bltphd@comcast.net](mailto:bltphd@comcast.net)**

**Daniel Williams, CE Director (781) 929-5907 [dan@drdanwilliamspsyd.com](mailto:dan@drdanwilliamspsyd.com)**