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August 2012

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KAPA is an affiliate of the
Tennessee Psychological Association
www.knoxvilleareapsychology.org

Visit the KAPA Website!

Please remember to visit the new website at <http://www.knoxvilleareapsychology.org> The website is user-friendly and you can renew membership dues online as well as update your member profile (e.g., work address, areas of specialty, etc.) The board is in the process of making even more changes to the website to further serve the KAPA membership. Please stay posted for these changes to unfold. If you are experiencing difficulty in accessing the member-only portal, then please contact Phil Johnson, KAPA Treasurer at pjohnso4@utk.edu for your username and password.

The New Frontier

Web Enhanced Psychology Practice in the Social Media Age

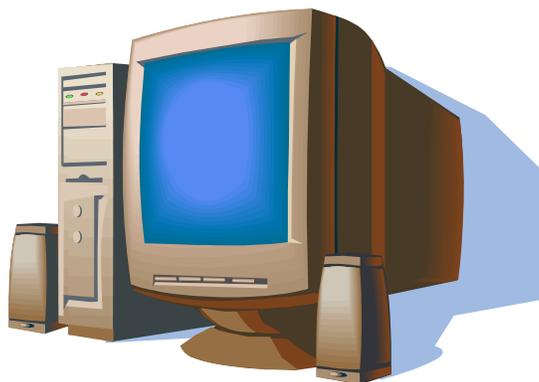
By Dr. Tamela Sadler

When I was in the 9th grade we were required to take a computer course. In this, we learned basic computer language and the big project for the class was to write enough code to create a design that would then be printed out on a dot matrix printer. I made a picture of a nurse. I must have had the notion of “healer” in me even then. That project took about two weeks and many frustrating set-backs to complete. This was the only computer based project in my high school career. On top of that, I lived in a home that had one telephone that was on a “party line.” This type of party was unrelated to politics or a hot date and was more about anyone in the community being able to listen to your phone call by just picking up the phone with everyone having to share and take their turn. As I am writing this article at 3am to send to Dr. Spica, I remember that when I was younger, calls after 9pm were considered to be a result of poor upbringing.

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I was twenty-one and in college when I working in the field of mental health as a volunteer for the Crisis Call Center in Nashville. At this location, we had land-line phones and a basic computer interface to record our notes about calls in individual files. Conference calls were made by manually juggling two land-line handsets. The internet was relatively new, dial-up, intermittent and a difficult to navigate entity. Cell phones were making work more mobile, but they worked only as a calling device and were the size and weight of a brick. Then, I had no thought of communication between these machines and I recall feeling overwhelmed with learning to manage email and how to forward land-line calls to my overheating, larger-than-life cell phone.

So now it is twenty years later and times they are a changin'. Technology has developed at an astronomical rate and the information highway has become a sink or swim pool of ever advancing complexity. Learning to navigate, embrace and harness these tools has become a necessity in my professional releases of information so I can have a Skype or GoTo meeting conference with another provider who resides across the country. Corporate training for new contracts is conducted virtually in a group format with fellow professionals from around the world, all watching the same power point presentation in real time. My clients routinely text me updates and requests to be my "friend" on Facebook. The American Psychological Association, the state psychological associations and state licensing boards are all grappling with how to integrate all of this connectivity while managing issues of confidentiality, liability, boundaries, and ethics. Meanwhile, in a field made up of largely handwritten notes, we labor to adapt under the weight of mandates for Electronic Medical Records (EMR) and telehealth options. It seems that the more "connected" we become, the less face-to-face time we have to spend with each other. For years, providers, companies, and insurance groups have refused to endorse electronically based therapy as being a legitimate process. However, with decreasing numbers of providers in certain specialty areas, particularly in rural communities, and the need for continuity of care with our populations, e-therapy is rapidly becoming an adapt or fail environment.



The potential of the vast array of technology available allows the professional to personalize the product being distributed and thereby connect to an audience much broader than a weekly

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maximum caseload would allow. Blogging, podcasting, web hosting, and tweeting are just a few of the options available to amplify the range of the provider. Oh, what would Freud have done with this kind of access at this fingertips?

Today, I have an Android that is 4G capable, a net book and iPad on its way. The handheld computer device (formerly known as “cell phone”) runs faster and has a bigger memory than either my brain or computer. It communicates with my various electronic and social media platforms at the swipe of a finger. Now, I can simultaneously get updates from APA while re-tweeting their lead stories on my own Twitter feed, which then also posts to my Facebook page. My Twitter feed runs in real time on my website, and the website directs interested parties to my LinkedIn page. To say that I am “connected” is an understatement, I feel like an interstate portal. For now, I am embracing the potential of these tools and hoping to be a pioneer in the emerging field of e-psychology. Sometimes though, I long for the quiet isolated feeling of climbing the Maple tree that was in my front yard and hide in its deep leaves getting lost in a favorite book.....hmmmm..... I can probably download that to my iPad.

www.drtemelasadler.com

KAPA Program

Monday August 27th, 2012 from 7:00pm - 8:30pm

Current Ethics and Laws for Tennessee Psychologists

Location: East Tennessee Children’s Hospital (Schmid Conference Room)

Presented by:

Lance Laurence, PhD

Introduction to Dr. Laurence’s program:

The Board of Examiners in Psychology in Tennessee stipulates that three (3) hours of the forty (40) hours of continuing education required for each two year renewal cycle must pertain to Ethics and issues related to the latest edition of the Rule of Regulations governing the practice of psychology in Tennessee. This workshop addresses changes in the APA 2002 Code of Ethics, reviews the current rules and regulations promulgated by the B.O.E., and summarizes new mental health laws passed in the last five years. Lastly, the workshop will also address emerging areas of concern for today’s practitioner, including health care reform developments.

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Participants can expect to:

1. become acquainted with the 2009 modification of the 2002 APA Code of Ethics and why;
2. learn about any new mental health laws in Tennessee since 2006;
3. review and understand the latest rules and regulations requirements of the BOE, including but not limited to recordkeeping and “name tags;” and
4. receive an update on the latest developments in health care reform in Tennessee

Continuing Education and Fees:

This program is appropriate for psychologists and other mental health professionals **and 1.5 hour of Continuing Education** will be available for attendees. The presentation starts promptly at **7:00 pm and will go until 8:30 pm**. Current KAPA members can attend for no charge. If you are not a member of KAPA and you do not want CE credit, this program is free of charge. KAPA is approved by the American Psychological Association to provide continuing education to psychologists and maintains responsibility for this program. No CE credits will be awarded for partial attendance for any session.

Pre-registration for KAPA programs:

To pre-register for this program please email Ted Jones at tedwjones@comcast.net with a **subject line of “KAPA Program registration”**, or phone **865-579-0552 Ext 149**. Make sure you include the following information when you pre-register:

1. Your Name & Degree
2. Professional Discipline
3. Your phone number

Please Note!! Late registrants are very welcome to attend the program and can sign in at the door, but space is limited.

Directions to Children’s Hospital and Koppel Plaza

From Alcoa Highway, US 129

- Exit Alcoa Highway/US 129 at Kingston Pike Exit
 - If traveling south from I-40/I-75, turn left onto Kingston Pike
 - If traveling north from South Knoxville or Blount County, turn right onto Kingston Pike
 - Merge to the inside lane
 - Travel under the railroad trestle (Kingston Pike becomes Cumberland Ave. at this point)
 - Turn left at the second traffic light onto 22nd street
 - To Koppel Plaza travel two blocks on 22nd Street and turn right onto Clinch Ave. to park in the Children’s Hospital parking garage. The garage entrance is on the right immediately after turning onto Clinch Ave.
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From I-75 North of Knoxville

- Take I-75 South, which turns into I-275
- Stay on I-275 South toward Asheville
- Continue to I-40/I-75 West
- Take Exit 387 (17th Street/Western Avenue)
- The exit ramp merges onto Ailor Avenue
- Continue on Ailor Avenue to 17th Street
- Turn right onto 17th Street
- Go up the hill, through several traffic lights and crest the hill
- Begin to descend the hill on the other side and stop at the Clinch Avenue three-way stop
- Turn right on Clinch Avenue
- To Koppel Plaza, go four blocks on Clinch Avenue and park in the Children's Hospital Parking Garage on Clinch Avenue, located on the left between 21st and 22nd Streets.

From I-40 Eastbound or Westbound

- Take Exit 387 (17th Street/Western Avenue)
- Turn right onto 17th Street
- Go through two traffic lights and crest the hill
- Begin to descend the hill on the other side and stop at the Clinch Avenue three-way stop
- Turn right on Clinch Avenue
- To Koppel Plaza, go four blocks on Clinch Avenue and park in the Children's Hospital Parking Garage on Clinch Avenue, located on the left between 21st and 22nd Streets.

Parking

Public parking is available in the Children's Hospital Parking Garage (Clinch Avenue between 21st and 22nd Streets) for all visits to Children's Hospital, Koppel Plaza and Children's Hospital Medical Office Building.

Welcome to the following psychologists who have joined KAPA recently. You may find them listed in the Membership Directory on the KAPA web site at www.knoxvilleareapsychology.org

Dr. Robert Fortney

Dr. Nancy Lett

KAPA Classifieds

East Tennessee Children's Hospital is accepting applications for a full-time pediatric psychologist. This clinical position involves direct patient care, including assessment, testing, consultation and therapy, on both inpatient and outpatient services. Pediatric populations served are varied and primarily include children and adolescents with acute and/or chronic medical illness and comorbid psychological concerns. Specific clinical responsibility will include serving as an attending psychologist in our Healthy Ways Clinic, an interdisciplinary team of experts focused on assisting families and children with obesity. This position also includes supervision of clinical psychology trainees. Additional opportunities exist for collaboration in ongoing multidisciplinary clinical programs.

Applicants should have a PhD or PsyD in Clinical Psychology from an APA approved program, including an APA internship, and subsequent formal postdoctoral training. Prior pediatric experience is required. The ideal candidate will also possess experience in pediatric behavioral health within medical settings. Applicants must be licensed or license eligible in the state of Tennessee, with a Health Service Provider designation. A competitive salary and benefit package is offered. Assistance with relocation as well as support for continuing education is available. Review of applications will begin immediately and will continue until the position is filled. Applicants should send a letter of interest, curriculum vitae, and three letters of recommendation to Nicole Swain, PsyD, Pediatric Psychology, East Tennessee Children's Hospital, P.O. Box 15010, Knoxville, TN 37901.

Email inquiries regarding the position may be addressed to nfswain@etch.com. Please visit our website at www.etch.com for additional information and to complete an online employment application.

Continuing Education Opportunities (Co-sponsored by KAPA)

Satir's Legacy: Theories and Skills for Today's Therapy Practice

Symposium for the Advancement of Family Therapy

Jean McLendon, LCSW, LMFT

October 8th and 9th at the Airport Hilton

For more information please visit www.saftinc.org/index.html

15th Fall Psychiatric Symposium

December 6-7, 2012 at the Marriott. Brochure available, in print & website soon.

Speakers:

Roger Peele, MD—Analyzing the DSM V changes (He is on the APA DSM Committee)

Mark Vonnegut, MD—Living with BiPolar Disorder (Son of Kurt Vonnegut)

Fred Frese, PhD—Living with Schizophrenia: I'm Still Here

Terri Gorski—Managing Anti Social Personalities

James Woods, MD—Pain & Depression

Charles O'Brien, MD—Neuro Pathway Reward System Functioning & New Substance of Abuse

Laura Miller, MD—Women Hormones & Emotions

Courtney Armstrong, LPC—Trauma, Pain & the Brain

Chris Klenck, MD—Behavioral Sequellae of Brain Injuries

Clif Mitchell, PhD—Mental Health Legal & Ethical Game Show

Please remember to pay your annual dues for 2012!

You can now renew online through the **KAPA members** portal on the website. Or you can remit dues by mail to the Knoxville Area Psychological Association at P.O. Box 52293, Knoxville, TN 37950-2293. You are now able to update your member profile (e.g., work address, areas of specialty, etc) on the website. If you are unsure of your dues status please contact the KAPA treasurer at pjohnso4@utk.edu.



KAPA

BOARD

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INFORMATION

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