



kapa news

April 2013

The State of KAPA

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First and foremost, we, as KAPA board members, want to express our sincere gratitude to you (our members) for your dedicated membership to KAPA over the years. Every year new members join and past members renew. For those of you unaware, KAPA maintains an active membership of 60 - 80 members. As board members, our task is to manage the operations of the association. Some of these operations include bookkeeping, updating the website, renewing CE applications, sending email notifications regarding events and job postings, and organizing KAPA events. Over the years, the KAPA board has been blessed with exceptionally competent folks who took time out of their busy schedules to serve on the board. Our association would not be where it currently is without those who were willing take a seat in the boardroom.

As many of you have evolved in your level of expertise and respective areas of practice, so too has our association in the way it operates. In this last year, the board worked to streamline KAPA operations. KAPA's (relatively) new website has evolved to assist in the way the board communicates with you. The website features an event calendar that is regularly updated to feature local training events as well as our own KAPA programs. We have received (unsolicited) positive feedback from other local associations about the appearance and functionality of our website. On average, the website has a monthly hit rate (defined as the number of visits to the website) of around 700. This number reflects fellow colleagues (not just KAPA members) searching for potential referral sources and consumers searching for a provider by area of specialty. In addition to the website, the board worked to revise the constitutional by-laws of the

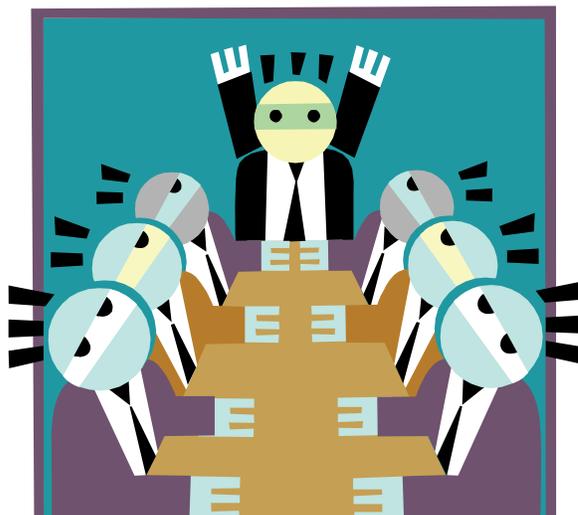
*KAPA is an affiliate of the
Tennessee Psychological Association
www.knoxvilleareapsychology.org*

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association to more accurately reflect the roles and duties of its board members as well as the guiding principles that govern the association. We have also taken steps to assemble any and all KAPA documents and content (even pictures and newspaper clippings) to maintain the archival integrity of KAPA. You all assisted most graciously by your swift response in our efforts to gather these documents. Thank You!

The current board member who has done the most to impact the organization in the last year has been KAPA Treasurer, Phil Johnson; he's our MVP. He worked countless hours with our webpage designer to streamline and automate much of the day-to-day administrative tasks. For example, new members can join in just a few minutes online and annual dues can be paid securely using PayPal through our webpage (www.knoxvilleareapsychology.org). These features have drastically

reduced ongoing administrative costs. However, KAPA continues to rely on our Administrative Assistant for many tasks. We are thankful that Phil suggested Sandra Chambers as our new Administrative Assistant who has done a fantastic job. Phil reports that 62 members have paid their dues this year and that our current bank account balance is \$7,815.09. We are especially indebted to Phil. His good work will make the job of Treasurer of KAPA more manageable going forward. Meanwhile, KAPA



continues to maintain its status as a provider of "Type I" APA-approved CE credits. We have offered a variety of programs and have co-sponsored several events in our area. We have ensured that KAPA routinely offers the "all-important CE's" on Ethics, as mandated by state regulations. We have implemented various forms and procedures to assist in our adherence to the APA CE renewal process making future renewal efforts more seamless.

As KAPA moves ahead, we highly encourage and hope for your continued dedication and service to KAPA. Serving on the board is now less labor intensive than it has been in recent years. In order for KAPA to sustain and prosper, we will need you (our members) to take a turn (even a second turn) at the helm and lead our association onward.

Sincerely,

Your KAPA Board

KAPA Program

Monday, May 6th, 2013 (start time provided below)

“What You and Your Patients Need to Know About Pain Medication and Pain Clinics”

Location: The Pinnacle Bank Learning Center at the Landmark Center, directions below)

Presented by: Ted Jones, Ph.D.

Course Description:

There is a high incidence of prescription drugs across the country and particularly in our area. There is also an increasing number of people with a chronic pain condition. Likely you have a patient, if not a family member, who has an issue with either chronic pain or prescription drug addiction—or both. Given this situation it is incumbent on local psychologists to be well informed about these complex and intertwined issues. Dr. Ted Jones has been practicing as a clinical psychologist in the field of pain treatment for the past 13 years. In this presentation he will offer helpful information on issues involving pain clinics, new legislation about pain clinics, treatments for pain, the use of opioid medications to treat pain, and prescription drug abuse. He will suggest ways psychologists can guide their patients to address these issues, and will also review ways general psychologists can help their patients deal with pain issues without having to become a pain specialist.

Learning Objectives:

1. Participants will be able to compare and contrast the three types of pain clinics.
2. Participants will be able to appraise a pain practice as it fits for their client.
3. Participants will be able to name the most addictive opioid medication currently in use today.
4. Participants will be able to discuss general safety issues with opioid medications.

Continuing Education and Fees:

This program is appropriate for psychologists and other mental health professional and **1 hour of Continuing Education** will be available for attendees. Current KAPA members can attend for no charge. If you are not a member of KAPA and you do not want CE credit, this program is free of charge. KAPA is approved by the American Psychological Association to provide continuing education to psychologists and maintains responsibility for this program. No CE credits will be awarded for partial attendance for any session.

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6:30—7:00 p.m: Dinner will be served

7:00—7:30 p.m: Business Meeting

7:30—8:30 p.m: KAPA program

Pre-registration for KAPA programs:

A **Buddy's BBQ dinner** will be provided specifically for those KAPA members who have **pre-registered** for this program. If you plan to attend this meeting, please pre-register in order to secure your meal. **Pre-registration will end Friday, May 3rd at 12:00 noon**, so that the final registrant list can be compiled and food may be ordered.

To pre-register for this program please email Ted Jones, CE Coordinator at

tedwjones@comcast.net with a subject line of **“KAPA Program registration”**, or phone

865-579-0552 Ext 149. Feel free to contact Dr. Jones for additional information about the event.

Make sure you include the following information when you pre-register:

1. Your Name & Degree
2. Professional Discipline
3. Your phone number

Please Note!! Late registrants are very welcome to attend the program and can sign in at the door, but space is limited.

Directions and Parking Information for the Pinnacle Bank Learning Center at the Landmark Center:

The Landmark Center is located at 1111 N. Northshore Drive. It is near the corner of Papermill Drive and Northshore Drive, between the BP and the new Aubrey's. The eight story South Tower says Pinnacle on top. The Learning Center is on the first floor of the South Tower, to the right of the elevators.

KAPA CLASSIFIEDS

Oak Ridge Psychotherapy Practice has office space available. We're a thriving practice of licensed psychologists and licensed clinical social workers (all independent practitioners) in Oak Ridge, Tennessee. Offices are attractive and spacious, and we offer abundant referrals through a well-established referral base, especially for those who are on or willing to join insurance panels. Full or part-time arrangements are possible. Learn more about us at www.oakridgepsychotherapy.com. Please contact us if you're interested, and feel free to pass this along to colleagues. Contact Lorrie Beevers, Ph.D. at lorribeevers@wildblue.net or 865-212-5296; or Laurel Goodrick Ph.D. at LBG909@gmail.com or 865-212-5299.

Please remember to pay your annual dues for 2013!

Please remember to renew your membership. You may pay your dues online (www.knoxvilleareapsychology.org) via PayPal or mail check to KAPA, P.O. Box 52293, Knoxville, TN 37950-2293. As a member, you will be eligible to attend our meetings and receive continuing education credits at no additional charge. (Full member \$40; Student Affiliate \$20; Retired Member \$20). If you have any questions, please contact the KAPA Treasurer at pjohnso4@utk.edu.



KAPA

BOARD

CONTACT

INFORMATION

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