18th FALL PSYCHIATRIC SYMPOSIUM: Psychopharmacology Update & Addiction Institute

November 5-6, 2015
8:00 AM - 4:30 PM

Newly Renovated - Holiday Inn at World’s Fair Park
525 Henley Street | Knoxville, TN 37902

Jointly Sponsored by:

University of Tennessee College of Nursing
University of Tennessee Graduate School of Medicine
Knoxville Area Psychological Association
National Association of Social Workers – TN Chapter
Tennessee Mental Health Counselors Association
Mental Health Association of East Tennessee
Tennessee Department of Mental Health & Substance Abuse Services
- Division of Substance Abuse Services
Kelly Posner, PhD

Kelly Posner is the founder and principal investigator of the Center for Suicide Risk Assessment at Columbia University / New York State Psychiatric Institute. Her expertise lies in the areas of suicidality and medication effects. The C-SSRS is used broadly across the field in many clinical domains.

Henry Nasrallah, MD

Henry Nasrallah is the Sidney Souers Endowed Chair, Professor and Chairman of the Department of Neurology & Psychiatry at St. Louis University School of Medicine and the editor-in-chief of both *Schizophrenia Research* and *Current Psychiatry*.

Michael Baron, MD

Michael Baron is the Medical Director of The Ranch in Nunnely, TN. He is triple board certified in psychiatry, anesthesiology and addiction. He has practiced in the Nashville area since 1998 in multiple settings, including Vanderbilt and Parthenon Pavilion. He formerly was a Clinical Assistant Professor at Vanderbilt University School of Medicine Department of Psychiatry.

Matt Brown, CAI, Interventionist

Matt Brown is a renowned interventionist, owner and founder of Freedom Interventions in McMinnville, Oregon. He formerly held key positions at Gatehouse Academy, Burning Tree and the Arbor Treatment Center.

Glen Farr, PharmD

Glen Farr is Professor of Clinical Pharmacy and Associate Dean at the University of Tennessee College of Pharmacy.

Jeff Feix, PhD

Jeff Feix is the Director of Forensic and Juvenile Court Services at the Tennessee Department of Mental Health and Substance Abuse Services. Formerly, he was the Chief Forensic Coordinator at Central State Hospital in Petersburg, VA.

Vickie Hardin, LAPSW

Vickie Hardin is the Senior Vice President of Grants and Business Development at Volunteer Behavioral Health where she formerly served as the Vice President of Children’s Services. Prior to joining Volunteer Behavioral Health she worked with the Foundation Associates as the Director of Prevention, Education and Adolescent Services.

John Hoover, PhD

John Hoover is a retired but “retreaded” private practicing psychologist who provides personal coaching. An author, his newest book is *The Uniting Power of Conflict*. He also co-wrote with Eli Mitchell, PhD the acclaimed book *The Elder’s Speak*.

Tim Jennings, MD

Tim Jennings is a private practicing psychiatrist at TMS of Chattanooga. He is board certified in psychiatry and neurology and is the current President of the Tennessee Chapter of the American Psychiatric Association.

Elizabeth Lund, MSN, RN; Linda Johnson, FNP-C, MSN & D. Todd Bess, PharmD

Elizabeth Lund, MSN, RN and Linda Johnson, FNP-C, MSN, both with the Tennessee Board of Nursing and D. Todd Bess PharmD is with the Tennessee Department of Health are part of the state Chronic Pain Guidelines team.

Annette Mendola, PhD

Annette Mendola is the Director of Clinical Ethics at the University of Tennessee Medical Center and a Professor of Philosophy at the University of Tennessee.

Mitchell Mutter, MD

Mitchell Mutter is the Medical Director for Special Projects for the Tennessee Department of Health. Formerly he was a practicing Cardiologist with several hospital appointments in the Chattanooga area and academic appointments at the University of Tennessee in Knoxville & Chattanooga and the Uniform Services in MD.

Arturo Taca, MD

Arturo Taca is the founder of iNSynergy, the premier addiction treatment program in St. Louis, MO. He is a Diplomate of the American Board in Psychiatry, Neurology & Addiction. He is also President of the Midwest Chapter of the American Society of Addiction Medicine.

Kenneth Towbin, MD

Kenneth Towbin is Chief, of Clinical Child & Adolescent Psychiatry, Emotion and Development Branch, National Institute of Mental Health (NIMH). He has been at the forefront of NIMH research of pediatric bipolar disorder, irritability and severe mood dysregulation.

Erica Wise, PhD

Erica Wise is Clinical Professor and Director of Psychological Services of the Department of Psychology Community Clinic at the University of North Carolina at Chapel Hill, NC.

Exhibitors and sponsors contact

Ben Harrington at 865-584-9125
THE SYMPOSIUM
Thursday November 5, 2015
(6 CE or CME Credits for All Day)

7:00 - 8:15 AM CHECK - IN / Breakfast & Exhibits Open
Breakfast Sponsored by:

8:15 – 8:30 AM Welcome, Announcements, Disclosures

8:30 - 10:00 AM Opening Session: Kelly Posner, PhD
“Predicting Suicidal Risk”

10:00 —10:30 AM Break ~ Sponsored By:

10:30 – 12 Noon Concurrent Sessions (Choose One on Registration Form)
A-1 Mitchell Mutter, MD
“Chronic Pain Symposia”
**Part 1
A-2 Michael Baron, MD
“Strategies for Treatment of Resistant Depression”
A-3 Erica Wise, PhD
“Ethics, Self-Care & Competence for Mental Health Professionals”

12:00 – 1:00 PM Networking Lunch (Provided)
~ Lobby ~ Sponsored by:

1:00—2:30 PM Concurrent Breakout Sessions
(Choose One on Registration Form)
A-4 Lund, Johnson & Bess
“Chronic Pain Symposia”
**Part 2
A-5 Arturo Taca, MD
“Pharmacogenomics: Focus on Psychiatry & Addiction”
A-6 Vickie Harden, LAPS
“Co-Occurring Youth”

2:30 – 3:00 PM Break ~ Sponsored by:

3:00 – 4:30 PM Concurrent Breakout Sessions
(Choose One on Registration Form)
A-7 Arturo Taca, MD
“Medication Assisted Therapy in Addiction”
A-8 Tim Jennings, MD
“Epigenetics & the Developing Brain”
A-9 Jeff Feix, PhD
“Detection of Malingering”

4:30 PM ~ EVALUATION COMPLETION / TURN IN ~ CHECK - OUT

Don’t forget the Silent Auction at the Symposium
Add extra fun to the Symposium by bidding on GREAT silent auction items donated to the Mental Health Association of East Tennessee.

All proceeds support our award winning early intervention and recovery programs!

School Based Outreach Program
• 23,928 students served in 2014-2015
• 83 middle and high schools
• Preventing suicides and starting treatment earlier

Peer Recovery Call Center
• 12,000 calls in 2014
• 85% of callers want peer support
• 74% following their treatment plan
HE SYMPOSIUM
Friday November 6, 2015
(6 CE or CME Credits for All Day)

7:00 – 8:15 AM  CHECK - IN ~ Breakfast & Exhibits Open
Breakfast Sponsored by:

8:15 – 8:30 AM  Welcome, Announcements, Disclosures

8:30 – 10:00 AM  Henry Nasrallah, MD “The Ten Paradigm Shifts in Treatment of Depression”

10:00 – 10:30 AM  Break ~ Enjoy the Exhibits ~ Move to Next Session

10:30 – 12 Noon PM  Concurrent Breakout Sessions  (Choose One on Registration Form)

B-1 John Hoover, PhD  “Advancing from Impossible to Willingness: Motivational States and Levels of Resistance with Concurrent Thoughts” **Part 1

B-2 Henry Nasrallah, MD  “Advances in the Neurobiology & Psychopharmacology of Schizophrenia”

B-3 Kenneth Towbin, MD  “Dysphoric Mood Dysregulation Disorder”

12:00 Noon Lunch  Pick Up Box Lunch (Provided) take to your 12:30 session ~ Lobby ~ Sponsored by:

12:30 – 2:00  Concurrent Breakout Sessions  (Choose One on Registration Form)

B-4 John Hoover, PhD  “Advancing from Impossible to Willingness” **Part 2

B-5 Glen Farr, PharmD  “The Deep Dive: Advanced Psychopharmacology Update” **Part 1

B-6 Matt Brown, Interventionist  “Intervention: Helping the Reluctant to Recover” **Part 1

2:00 – 2:15  Break

2:15 – 3:45  Concurrent Breakout Sessions  (Choose One on Registration Form)

B-7 Annette Mendola, PhD  “Psychiatric Advance Care Plans: A Tool for Ethical Care”

B-8 Glen Farr, PharmD  “The Deep Dive: Advanced Psychopharmacology Update” Part 2

B-9 Matt Brown, Interventionist  “Intervention: Helping the Reluctant to Recover ** Part 2

~ EVALUATION COMPLETION / TURN IN ~ CHECK - OUT LOBBY

Overall Conference Learning Objectives
1. Participants will review and discuss neurodevelopmental, neurochemical and neurodegenerative linkages to novel therapeutic approaches to brain repair in schizophrenia.
2. Participants will list paradigm shifts in the treatment and understanding of depression and suicide risk predictability, discuss TMS and Ketamine for treatment-resistant depression, review pediatric bipolar disorder severe mood dysregulation (SMD), and Dysphoric Mood Dysregulation Disorder.
3. Participants will list the pharmacological and clinical differences among the typical and atypical antipsychotic agents used in the treatment of schizophrenia and among the SSRIs, SNRIs, cyclic antidepressants and MAOIs in the treatment of depression.
4. Participants will describe new legal requirements in treatment of pain in Tennessee, including prescription of opioids and when to include medication for detox and maintenance.
5. Participants should be able to discuss and describe levels of resistance in reluctant clients, and discuss techniques to advance beyond resistance toward willingness, accountability and commitment to therapy and recovery.
Continuing Education Information:

Physicians:

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Education through the joint providership of the University of Tennessee College of Medicine and the Mental Health Association of East Tennessee. The University of Tennessee College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Education Credits
AMA: The University of Tennessee College of Medicine designates this live activity for a maximum of 12 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PAs, NPs and Nurses: Physician Assistants, Nurse Practitioners and Nurses may use these credit hours toward certification renewal. This credit is acceptable by the American Academy of Physician Assistants (AAPA), American Nurses Credentialing Association (ANCC) and the American Academy of Nurse Practitioners (AANP).

Nurses:
This program provides up to 12 contact hours through The University of Tennessee, College of Nursing. The University of Tennessee College of Nursing is an approved provider of continuing nursing education by the Tennessee Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

NURSES SHOULD NOTE: ADDITIONAL one time $10 CE fee for The University of Tennessee, College of Nursing CE CERTIFICATE is payable at time of your registration. Fee covers CE certificate for one or both days.

Psychologists:
Knoxville Area Psychological Association (KAPA) is approved by the American Psychological Association to sponsor continuing education for psychologists. KAPA maintains responsibility for this program and its content. KAPA has designated up to 12 CE credits for attendees of the 18th Fall Psychiatric Symposium, 6 CE credits for November 5th attendance, 6 CE credits for attending November 6th. In accordance with American Psychological Association policies, No partial CE credits will be awarded to psychologists at either program. See the KAPA website, www.knoxvilleareapsychology.org for additional information on individual workshops including educational objectives and instructional level.

Psychologists will be required to sign in and sign out at each breakout session each day to comply with APA CE policies.

PSYCHOLOGISTS SHOULD NOTE: ADDITIONAL $20 fee for non-KAPA members wanting CE credit from KAPA is payable with your registration.

Social Workers:
This program was approved by the National Association of Social Workers – Tennessee Chapter (Provider Number: NASW-TN 2015 – 0103) for up to 12 continuing education units for both days attendance.

Licensed Professional Counselors:
This program was approved by the Tennessee Mental Health Counselors Association (TMHCA), a division of the Tennessee Counseling Association (TCA) and chapter of the American Mental Health Counselors Association (AMHCA), for up to 12 continuing education hours. TCA is an Approved Continuing Education Provider (ACEP) through the National Board of Certified Counselors (NBCC). ACEP# 2043

Licensed Marriage & Family Therapists:
LMFTs are required by the TN Licensure Board to earn “Soft CEUs” or contact hours. Contact hours earned equal the total number of hours attended. Attendees may earn up to 12 contact hours based upon actual attendance.

Licensed Alcohol and Drug Abuse Counselors:
This training is approved by the Tennessee Department of Mental Health and Substance Abuse Services, Division of Substance Abuse Services, for up to 12 LADAC contact hours.

Professionals Not Listed:
Please note your accrediting organization may accept a certificate of attendance (contact hours) for attending the Fall Psychiatric Symposium. Certificates will be provided based on actual hours of attendance. It is the attendee’s responsibility to verify the accrediting body can accept and apply this certificate of attendance toward CE requirements they may maintain.
**18th Fall Psychiatric Symposium**

Holiday Inn – World’s Fair
525 Henley Street
Knoxville, TN 37902

Guest Room Reservations Call

800-264-1579 or 865-522-2800  Booking Code: MHA

On-line reservation link: Mental Health Association of East TN Booking Link for the Holiday Inn World's Fair Park

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**DIRECTIONS:**

Directions will be provided to you
A few days before the Symposium by email.

Please provide email on registration form.

**PARKING INFORMATION:** LEAVE HOME EARLY & Arrive early for best parking. Parking is FREE (only) in the Holiday Inn parking garage AND Knoxville Museum of Art UPPER LOT.

Overflow parking at the Hilton Hotel Garage or Clinch Parking Garage is not free of charge.

**ATTIRE:** Business casual. Bring a sweater or jacket to put on or remove for your personal comfort.

Un-restricted Educational support has been received from:
### 18th Fall Psychiatric Symposium CEs / CMEs for:
- D Nursing
- C Physician
- C Psychology
- C Social Work
- C LADAC
- C LMFT
- C LPC – MHSP
- C Other __________

#### Name:________________________ Degrees:__________________ Gender ___ M ___ F

Affiliation________________________________________________________________________ Email: ________________________________

Address____________________________________________________________________________ Phone: ____________________________

City/State/Zip________________________ Phone: ____________________________

### Join Today

- □ Standard Meal
- □ Vegetarian Meal Requested
- □ Gluten Free Meal

### Required For Continuing MEDICALCredit

(Required for Physicians ONLY enter data below):

Last four digits of Social Security #_____________ Birth Month and Year_____________

### REGISTRATION FEES:

(please check)

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<th>LATE On October 30, 2015</th>
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Group Discounts: 5%-9 attendees; 10% 10 or more registered at the same time with corporate or clinic payment

**NOTE:** Limited LATE On - site registration ADDITIONAL $75 per day added to late fee above

- **Students must send in a clear, legible copy of their student ID.**

Please choose Breakout Sessions in advance to ensure seating and materials.

### Thursday 10:30 – NOON PM

(Choose one for each break out time to ensure seating in each room)

| A1 “Chronic Pain Symposia” PART 1 of 2* | A2 “Strategies for Treatment of Resistant Depression” | A3 “Ethics, Self-Care & Competence for Mental Health Professionals” |

### Thursday 1:00 PM – 2:30 PM


### Thursday 3:00 – 4:30 PM

| A7 “Medication Assisted Therapy” | A8 “Epigenetics & the Developing Brain” | A9 “Detection of Malingering” |

### Friday 10:30 AM – NOON PM

| B1 “Advancing from Impossible to Willingness” PART 1 of 2* | B2 “Advances in Neurobiology & Psychopharmacology of Schizophrenia” | B3 “Dysphoric Mood Disorders” |

### Friday 12:30 – 2:00 PM

| B4 “Advancing from Impossible to Willingness” PART 2 of 2* | B5 “The Deep Dive: Advanced Psychopharmacology Update” PART 1 of 2* | B6 “Intervention: Helping the Reluctant to Recover” PART 1 of 2* |

### Friday 2:15 – 3:45 PM

| B7 “Psychiatric Advance Care Plans: A Tool for Ethical Care” | B8 “The Deep Dive: Advanced Psychopharmacology Update” PART 2 of 2* | B6 “Intervention: Helping the Reluctant to Recover” PART 2 of 2* |

**MAKE CHECK PAYABLE TO:** MENTAL HEALTH ASSOCIATION AND SEND TO P O BOX 32731 KNOXVILLE, TN 37930-2731.

REFUNDS will be made (excluding a $50 processing fee) for cancellations received by 5PM October 15, 2015. Cancellation after October 15, 2015 will not receive a refund.

**PAYMENT:** CHECK ENCLOSED ____________________ Or Call 865-584-9125 or FAX form with CREDIT CARD info. to: 865-824-0040

Account No________________________ Exp. Date____ / ____Signature

□ VISA □ MasterCard

Professional Members are treatment professionals (MDs, PhDs, RNs, LCSWs etc) who make a membership contribution of $75 or more to the MHA annually. Professional Member Benefits include: 10% off training fees, referral listing, 50 free brochures, newsletters, bulk brochure pricing.

JOIN TODAY – SAVE 10% OFF Registration.
18th Psychiatric Symposium: 
Psychopharmacology Update 
& Addiction Institute

Mark Your Calendar Now!!

November 5-6, 2015

Up to 12 Hours CME / CE

Agenda Highlights
• Treatment Resistant Depression
• Psychopharm Updates
• Addiction & Recovery
• Violence & Suicide Predictability
• Willingness
• Ethics – Both days
• Genetics
• And much more

Registration Also Available on-line at www.mhaet.com